YOUR HOME AWAY FROM HOME

Mrs. Bush's Personal Care Homes, Inc. | 610-381-1009 | www.mrsbushcares.com

Important Dates

Nov. 4th- Live Entertainment w/ New Entertainer Krista Smith

Nov 7th- Daylight Savings Ends:Turn your clocks back 1hour!

Nov. 8th- Happy Birthday, Marianna A.

Nov 11th- Veterans Day

Nov. 13th- Happy Birthday, Grace E.

Nov. 15th- Happy Birthday, Janet H.

Nov. 15th- Happy Birthday, Richard D.

Nov. 18th- Live Country Music w/ Len Mulle

Nov. 25th- Happy Thanksgiving

Nov. 30th- Happy Birthday, Ron P.

"Piglet noticed that even though he had a very small heart, it could hold a rather large

amount of gratitude." From Winnie The Pooh- A.A. Milne November the month of gratitude. The month of giving back to others. A month to reflect on all you have and a month to spend time with the ones you love. It truly is a beautiful month...besides the cold weather and the shorter days.

This month at Mrs. Bush's we are going to doing all of the above. Each year we display a thankful tree, where you can add the things you are thankful for. It's a beautiful reminder and a beautiful display of gratitude from both residents and staff.

We will be giving back too. All our staff will receive a beautiful handmade gift along with a card from the residents as a thank you for their hard work and dedication. We will also be starting our collection for Toys for Tots this month and the Purls of Wisdom yarn club will continue to feverishly work on making hats, scarves and mittens for those in need.

We will also be thanking special members of the community too! Our police officers, ambulance drivers, and firefighters will be receiving special gifts from us. We will put together little bags for them on Wednesday November 24th.

We can't forget how thankful many of us are for our furry friends. So, we will be making dog treats on November 30th to give to a local pet shelter.

There is just something about giving that warm the hearts. We have lots planned this month and we hope that you can enjoy all the great things November has to offer. Be sure to check the main café TV screen- each Monday new announcements are added for the week, and you can also find the list of daily activities there.

Have a blessed Thanksgiving.

Carrie Shafer, Community Life Director

FOOD COMMITTEE MEETINGS

Monthly food committee meetings plan to resume in November. *The next meeting will be scheduled on November* 5th at 1:30. The purpose of the meeting is to allow your feedback to change the entrée's, sides, and desserts on the current menu more to your liking. The committee should be prepared to discuss what the group would most like changed. Here are some examples of what your feedback had allowed us to do from the last time we had meetings (Pre Covid).

- 1. Fresh Corn based on requests, we were lucky enough to have our local farmer Jeff Borger provide fresh corn weekly. We got the first batch, the last batch, and 7 dozen every week in between. Thanks to the Borger farm for all of the endless hard work. And thanks to Curt for picking it up and our excellent group of resident shuckers we had fresh corn on the cob most of the summer.
- 2.Liver & Onions based on previous feedback, we no longer serve Liver & Onions. But only time and your new feedback will tell if Liver & Onions with Bacon too will make a comeback.
- 3.Asparagus While it's not permanently on the menu, we often put it on when we can get it because we found out that most of you love asparagus. And I would not have guessed that because many people seem to hate other green vegetables like Spinach and Brussel Sprouts.
- 4.Many residents love fish and many don't We used to have fish on the menu each week, but some residents like to have it much more than that and others never want to have it.

 Solution: We have a choice of White Fish or Salmon as an alternative entrée every day and it seems to keep everyone happy.

These are just some examples, there are many more. So please think about and be prepared to talk about your least favorite entrée's, soups, sides, and dessert's or possibly a substitute food to be added when you want something different.

Café TV Announcement Raffle

For the month of November, we invite you to check the Café TV each week to see the weekly highlighted announcements.

Beginning each Monday, a picture of a turkey will appear in an announcement for the week. Once you find the turkey, submit your name and the announcement that you found it on to be entered into a drawing.

Each week's winner will be announced on Monday at lunch.

Find this Turkey on the Café TV and you could win a prize each week!



Purls of Wisdom-Yarn Club

If you know how to crochet or knit or if you are interested in learning, we invite you to join our group!

Purls of Wisdom meets every Tuesday and Saturday at 9:30am in the West Annex.



Currently this group is gathering to make scarves, hats and mittens for those in need. We have all the supplies you need or you may chose to bring your own.

OCTOBER'S P.R.I.D.E EMPLOYEE OF THE MONTH

Professional-Respect-Integrity-Dedication-**Enthusiastic**



Bonnie has been a part of the Mrs. Bush's team for 6 years. She did take a break for a few years before returning to us. Bonnie works as a personal care aid and is also a trained MedTech. She has been a dedicated employee with a big heart for providing the best care

she possibly can for her residents. In addition, she is flexible whether it's picking up shifts or adjusting her schedule. Bonnie has a passion for helping seniors, "it's what I love to do."

Bonnie has been married to her husband, Pat for 24 years. They have 1 son, 1 daughter, 4 grandchildren and one grand-cat.

Anyone who knows Bonnie, knows she is a huge animal lover. She often tells stories of feeding her bears, raccoons, and other critters that stop by her home.

Bonnie likes to cook and bake. (She's famous for her Pizzelles!) She also loves to go fishing in the ocean. Bonnie also loves to travel and her favorite place she's ever visited was Italy.

When you see Bonnie, please congratulate her on being October's P.R.I.D.E. employee!

Don't forget to nominate your favorite staff member by submitting a nomination card located in the café.

GET TO KNOW: Helen B.

Everyone knows Helen. She has a big beautiful that lights up any room.

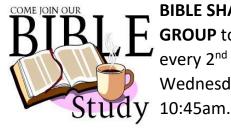
Helen has been at Mrs. Bush's for a little over 2 years. She was in Nazareth, PA and spent her adult life in Wind Gap with her husband Richard.

Helen has 2 daughters and 4 grown grandchildren. Helen worked in a

blouse mill sewing for many years. She loves to join

in the activity programs. Be sure to say hi when you see her





BIBLE SHARING **GROUP** to meet every 2nd and 4th Wednesday at

We hope you can join us for an hour of sharing and fellowship.

Coffee and Tea to be served.

Thank you to everyone who helped make our Trick or Treat event a great success!

We had 98 kids and lots of smiles!

We hope you enjoyed seeing the children!

Veterans Day Ceremony November 11, 2021 2pm

We invite all residents to attend our Veterans Day Ceremony where we honor all Veterans including our resident veterans.

We are asking everyone to wear Red, White, and Blue!

BINGO!!!!!!

You asked for more Bingo and you got it!! Bingo will now be offered 2 Saturdays a month in addition to every Monday!!

COVID UPDATE

October 29, 2021

Dear Residents and Families,

We are happy to announce that we are COVID free for the 2nd week in a row! At this time we plan to discontinue weekly testing. We will have staff and residents tested as needed if symptomatic or if they've had an exposure. There will be no routine testing scheduled until further notice.

Our visitation policy will remain the same. We will continue to utilize masks as a precaution. We are not conducting group COVID booster vaccinations on site. If you are interested in having your loved one receive a booster it will need to be arranged on an individual basis at a location of your choice. Dr. Varvarelis has advised to wait 4-6 weeks after the flu vaccine which was administered 10/19.

NOVEMBER OUTINGS and INHOUSE DINER CLUBS

Reminder: Sign up for all outings in the West Annex Community Room. It is first come, first serve for signups.

November 9th: Pizza at Country Junction- You will be able to walk the store if you are able to.

November 16th: Lunch at The Boulevard Diner in Lehighton

November 19th: Chinese Take Out

November 30th: Dollar Tree



Mrs. Bush's and H2 Health are joining together to collect new unwrapped toys for Toys for Tots.

A box is located in the front entry.

You may also make a monetary donation. Checks can be made out to "Toys for Tots".

All donations stay in Monroe County.

Help Santa bring smiles to those in need.