

JULY 2023

Your Home Away From Home



Mrs. Bush's Personal Care Homes | 610-381-3713 | www.mrsbushcares.com

BIRTHDAYS

Here's to celebrating YOU!

July 1- Rose K.

July 4- Norma S.

July 17- Barb G.

July 17- Helen V.

July 19- Angelina N.

July 20- Barb C.

July 22- Norma W.

July 24- Vinny G.

July 26- Renate V.

July 31- Ralph G.

Happy Birthday to each of you!

Celebrating July

Family Reunion Month

Park and Recreation Month

Independence Day (U.S.)

July 4

Did you know we offer Aromatherapy at Mrs. Bush's?

Natural Health care is being empowered to manage your own emotional, mental, and physical health. It also means having clean, green products to reduce the toxicity in your home and your body.

One staple of Natural Health is Essential Oils - naturally occurring aromatic compounds. Basically – good smelling stuff that comes from the plant. When distilled for purity, oils are extremely potent and efficient: in most cases, just a few drops is all you need! Essential Oils can be used on their own, or as part of a larger health protocol, including supplements, personal care products, home products, and natural solutions.

Natural Health Care is a safe option that allows you to have choices so that you're empowered at home. We love our doctors and go when we need to - natural options allow us to be empowered at home as well.

We offer aromatherapy for those having trouble sleeping or staying asleep, for those who may need a little uplifting during the day or for those that may need help with anxiety.

In order for us to use aromatherapy we would start with a doctor order and a small assessment. It is as simple as that!

If you are interested in trialing aromatherapy, please see Carrie or Missy!



On June 24th we enjoyed an indoor (due to weather) FAMILY FUN DAY complete with music by Rob Ballonoff and delicious grilled hotdogs!

Thanks to everyone that came out to enjoy the day!

SIGN UPS

Sign up for the following events in the West Annex Community Room. All costs go on incidental bills, unless indicated. All outings \$5.00 bus fare.

July 13th: Diner's Club Outing-

Applebee's- Burgers, sandwiches, soups, dinner meals, etc... **Depart 11am** Cost is determined by what you order, tax, and tip.

July 19th: Summer Ice Cream Tour-

"Chantilly's"- \$6 and up

Our 3rd stop on our *Summer Ice Cream Tour*. Join us for a nice bus ride and your choice of delicious ice cream treat.

July 24th: Dollar Tree Outing- Must be able to shop independently in store and have own money to purchase items. - \$5 bus fee only

July 25th: Lunch and Movie- "A League Of

Their Own"-Join us for movie a lunch- Bratwurst, Soft Pretzels, Popcorn, Soda, Beer and more!

"A League of Their Own" is a 1992 American sports comedy-drama film that tells a fictionalized account of the real-life All-American Girls Professional Baseball League (AAGPBL)¹. The movie stars Tom Hanks, Geena Davis, Madonna, Lori Petty, Rosie O'Donnell, Jon Lovitz, David Strathairn, Garry Marshall and Bill Pullman². It is about two sisters who join the first female professional baseball league and struggle to help it succeed amid their own growing rivalry.

July 27th: Picnic in the Parks- *Weissport*

Canal-Join us on a trip to the park for a picnic lunch including a hoagie, salad, chips and cookies. Enjoy the outdoors. - \$10

HAPPY 4TH OF JULY

"No other date on the calendar more potently symbolizes all that our nation stands for than the 4th of July." – Mac Thornberry

ART AND CRAFT CORNER



Pictures of our crafts are on display on the café screen.

July 6th at 1:30pm: Canvas Painting- "Flamingo"

July 20th at 1:30pm: Flamingo 3D Craft

Purls of Wisdom- Yarn Club All those who knit or crochet are invited to join the group every Tuesday and Saturday at 9:30am in the West Annex dinette. The group makes items for charity, currently making lap blankets. We have everything you need!

THIS MONTH'S ENTERTAINMENT



July 3rd at 2pm: Patriotic songs w/ Glen Kakowski

July 14th at 2pm: Take a step back in time as Kevin McEntire performs as Sinatra!

July 28th at 2pm: Sing A long with Shep

All entertainment is held in the courtyard, weather permitting.

BOOK CLUB- *The Hiding Place*

The Hiding Place is an autobiographical memoir by Corrie ten Boom, a devoutly religious woman who lived in the Holland city of Haarlem during the Nazi occupation. Compelled by her unshakeable Christian morality, she defied tyranny to rescue her Jewish neighbors who faced annihilation during the Holocaust. She was ultimately caught and sent to the notorious Ravensbruck death camp, where she witnessed scenes of unimaginable cruelty. In the camp, it was Corrie's bedrock faith in the glory of God that sustained her. She discovered that love was a far more powerful force than hate—for God's love was truly unconquerable.

EVERY MONDAY AT 3:30PM

Unlucky July



According to folklore, it is unlucky to wed in July. This nuptial inauspiciousness comes from several old rhymes and sayings. One goes: "Marry when June roses blow; Over land and sea you'll go. Those who in July do wed must labour for their daily bread." An American saying from the 1930s says that July weddings lead to marriages that "are apt to be crisscrossed with sun and shadow." One saying even pinpoints weddings held on July 4, warning couples that they "will live a life that is largely homeless." Over the centuries, it seems that people have looked for any reason to predict the fate of a marriage. And the superstition about lucky months doesn't stop at marriage, either. Ancient Romans advised against being born in May. In 15th-century Europe, Christians thought January was unlucky. Of course, these superstitions are largely baseless.

FAMILY FUN NIGHT

"Beach Party"

JULY 20TH

All family and friends are invited to join us for Family Fun Night "Beach Party" on July 20th from 6pm-7:30pm.

Dress in your beach attire!

Make your own ice cream sundaes!

Family and Friends RSVP by 7/14 to Carrie.

FUN JULY FACT: The thermometer soared to 134°F on July 10th 1913. It was hot enough to fry an egg on a rock in a matter of seconds!

RELIGIOUS SERVICES

Protestant Services: We continue to look for churches to come in and provide services, if you have a connection with a local church that may be interested in providing a service, please see Carrie.

JULY 5th 2:30pm- St. Matthew's UCC – This is Pastor Suzanne's last service before her retirement. We hope you can join us to thank her for her years of service to our home.

JULY 19TH 2:30pm- Middlecreek Christian Church

Catholic Services:

Every Sunday at 9:30am: Communion

Every Wednesday at 1:30pm: Rosary (in private dining room)

July 20th at 10am: Mass

Bible Study:

1st and 3rd Wednesday at 10:30am: led by Pete and Jean DeSanto

2nd Wednesday at 10:30am: led by Loida

Hymn Sing:

JULY 26TH at 10:30am- Join us for songs and fellowship.

FARM TO TABLE:

The farm-to-table movement is a growing trend in the food industry that emphasizes using locally grown and produced food. It prioritizes fresh, seasonal ingredients, and promotes sustainable and ethical food production practices. The movement is a way for consumers to connect with their food and support local farmers, while also enjoying high-quality, healthy meals.

We are so excited to be a part of this movement by bringing fresh produce from our local farmers into the home and **GROWING OUR OWN VEGTABLES!**

This summer we hope you enjoy the fresh zucchinis, cucumbers, tomatoes, and other items fresh from our resident grown garden. As well as local corn on the cob, blueberries, and other delicious treats from our local farmers!

The Rights of Women

From July 19–20, 1848, the first Women’s Rights Convention was held in Seneca Falls, New York. The convention garnered little publicity and attracted only 300 attendees, most of them locals, but the small gathering launched a seven-decades-long movement to win women the right to vote.



Perhaps the most famous figure to attend the convention was Elizabeth Cady Stanton. Stanton was well-educated at prestigious schools and learned much at home from her father, a prominent lawyer and politician. Stanton would go

on to marry the noted abolitionist lecturer Henry Stanton, and she, too, would become a powerful voice against slavery.

Stanton and her husband attended the World Anti-Slavery Convention in London in 1840. Much to Stanton’s surprise, women were excluded from the convention. While waiting for her husband, Stanton met fellow abolitionist and Quaker preacher Lucretia Mott. The two women, infuriated that they were barred from the convention, vowed to hold their own convention. Eight years later, their Women’s Rights Convention opened in Seneca Falls.

In preparation for the convention, Stanton authored *The Declaration of Sentiments*, effectively redrafting the Declaration of Independence with the inclusion of the words *woman* and *women*. In the document, Stanton laid bare a list of legal and social “injuries and usurpations” perpetrated on women by men. This document would become the women’s manifesto, asserting the need for equality in the realms of work, family, education, religion, and politics. Convention attendees were asked to vote on the individual resolutions of the document. Ironically, each resolution easily passed except for women’s right to vote. It took impassioned speeches by Stanton and guest speaker Frederick Douglass to pass the resolution. It would take another 72 years before women were given the right to vote in 1920.

Mrs. Bush’s Country Store News

****Beef Stick Snacks are now available to support the Boy Scouts. \$1.50****

****AVON CALLING! AVON is available for purchase in the store or grab a catalog to place an order.**

****GREETING CARD SALE- All cards 10 for \$2.00****

The store is now the supplier for tissues, soaps, cough drops, etc...The nursing dept will no longer have these items. All items in store may be purchased with cash or it may be placed on your incidental bill.

STORE HOURS: 9am-4pm Monday-Saturday and every other Sunday (7/2,7/16,7/30) We appreciate your kindness when activity programming is going on, as the store may need to close for a brief period.

Don’t forget to check the café TV for daily announcements on activities and upcoming events.

WE WANT TO KNOW...

What would you like to see for sale in the Mrs. Bush’s Country Store?

Please return this corner to the box located at the entrance to the Country Store!