

October 2023

Your Home Away From Home

Mrs. Bush's Personal Care Homes | 610-381-3713 | www.mrsbushcares.com



BIRTHDAYS

Here's to celebrating YOU!

Oct. 3- Norman Z.
Oct. 17- Kathleen M.

Happy Birthday to each of you!

Celebrating October

Popcorn Poppin' Month

Italian American Heritage Month

Country Music Month

World Teachers' Day- if you were a teacher, see an activity member by 10/3!

October 5

Columbus Day

October 9

Halloween

October 31



MRS. BUSH'S PERSONAL CARE HOMES
INVITES YOU TO JOIN US FOR

girls' day out

Saturday October 14, 2023 at 2pm-4pm
Qigong for Breast Health starting at 2pm followed by live entertainment with Lorri and pink mocktails!

Qigong for Breast Health

Demonstrated by: Kiki Peppard, COTA/L

Certified Occupational Therapy Assistant

Qigong (pronounced chee-gong) is an ancient Chinese practice of gentle mindful movements focusing on activating the body's internal energy. In this program, attendees will learn 7 powerful yet simple energy movements from the Wu Ming Qigong practice based on TCM that can help unblock energy to vital meridians that affect the breast area and encourage energy flow. This workshop is beneficial to all women to improve their breast health as well as helpful during recovery from chemotherapy, radiation, or surgery.

Don't forget to wear pink and bring a bosom buddy!



Mrs. Bush's
PERSONAL CARE HOMES
*Run by Our Family for Your Family
for Over 40 Years*

Contact Carrie to register: carrie@mrsbushcares.com or
610-381-1009

Mrs. Bush's Personal Care Homes
302 Kunkletown Rd. Kunkletown, PA 18058



Guests \$10.00 to benefit Pink Heals of LV

Residents are free for the Girls' Day Out, but we ask that you sign up in the Community Room to be prepared.

Did you know?

1 in 8 women, or approximately 13% of the female population in the U.S., will develop breast cancer in their lifetime.

SIGN UPS

Sign up for the following events in the West Annex Community Room. All costs go on incidental bills, unless indicated. All outings \$5.00 bus fare.

Oct 12th: Diner's Club- Sal's Pizza- Pasta dishes, pizzas, stromboli, burgers, steak sandwiches, etc...

Depart 11am

Cost: \$5 bus fee, plus food cost, tax & tip

Oct 12th: Girls' Day Out- This is a breast cancer event. Ladies only. See front page for more details.

In House Event at 2pm

Cost: Free to residents, but fee for guests.

Oct 19th: Ice Cream Trip- Blue Mountain Drive In

Depart 1:30pm

Cost: \$5 bus fee, plus ice cream cost, tax & tip

Oct 30th: Dollar Tree Outing- Must be able to shop independently in store and have own money to purchase items.

Depart 1:30pm

\$5 bus fee only

ACTIVITY PLANNING COMMITTEE-

October 4TH AT 2PM

This month we will trial an activity planning committee. This will be a time for any resident who wishes to help shape the upcoming activity calendars to offer suggestions and ideas. We will be working on planning for November. Please bring ideas! All residents are welcome to join; this will be a group discussion.

ART AND CRAFT CORNER

Pictures of our crafts are on display on the café screen.

Oct 3rd at 1:30pm: Wooden Pumpkin Craft

Oct 10th at 1:30pm: Canvas Painting- Moonlight Black Cat

Oct 17th at 1:30pm: Jack O Lantern

Purls of Wisdom- Yarn Club All those who knit or crochet are invited to join the group every Tuesday and Saturday at 9:30am in the West Annex dinette. The group makes items for charity, currently making lap blankets. We have everything you need!

THIS MONTH'S ENTERTAINMENT

October 6 at 2pm: Live Entertainment w/ new Entertainer, Jump Start Duo



October 13th at 2pm: Music by Volunteer Bob H.

Entertainment will also be offered at our **Girls' Day Out with Lorri Woodward** and during our **Halloween Fest w/ Glen Kakowski**.

BOOK CLUB- *The Hiding Place*

The Hiding Place is an autobiographical memoir by Corrie ten Boom, a devoutly religious woman who lived in the Holland city of Haarlem during the Nazi occupation. Compelled by her unshakeable Christian morality, she defied tyranny to rescue her Jewish neighbors who faced annihilation during the Holocaust.

EVERY MONDAY AT 3:30PM

November Election Information November 7th -Election Day

If you are a registered voter or if you would like to vote on 11/7, we ask that you complete the Absentee Ballot request form by **October 13th** to ensure it is delivered to the county in time. You may request and return your absentee ballot request form to anyone in the activities dept. by October 13th. We will send in the requests and no postage will be needed.

After October 13th, you will be responsible for your own ballot request.

Once all requests are made, the county will then send us official absentee ballots.

You will be responsible for completing the ballots and sealing them.

All ballots will be returned to the county in person. *Date will be determined once all ballots arrive.*

School Days, Guess Who!

Congratulations to

Jillian-1st place

Heather-2nd place

Meg- 3rd place

For getting the most guesses correct.

Thank you to everyone that submitted a picture! Pictures will be returned the week of 10/2!

Our Staff pumpkin decorating contest will be out soon!

RELIGIOUS SERVICES

Protestant Services: We continue to look for churches to come in and provide services, if you have a connection with a local church that may be interested in providing a service, please see Carrie.

Oct 11th 2:30pm- Jerusalem UCC – Pastor Marion

Oct 18th 2:30pm- Middlecreek Christian Church

Oct 26th 10:30am- Chaplain Scott from Family Pillars

Catholic Services:

Every Sunday at 9:30am: Communion

Every Wednesday at 1:30pm: Rosary (in private dining room)

Oct 19th at 10am: Mass

Bible Study:

1st and 3rd Wednesday at 10:30am: led by Pete and Jean DeSanto

2nd Wednesday at 10:30am: led by Loida

Hymn Sing:

Oct 25th at 10:30am: Join us as we sing our favorite hymns

Kettle Creek Environmental Education Center invites you to join them for a talk on October 24th at 2pm.

“A History of Monroe County Resources” - A look at the history of Monroe County tracing resources, wildlife and people and how the county has changed in the last 13,000 years.

MRS. BUSH'S PERSONAL CARE HOMES

HALLOWEEN FEST

OCTOBER 29, 2023

1:30PM-3:30PM

TABLE TRICK OR TREATING

3 ways for residents to participate:

1. Talk with your family about decorating a table and handing out candy or goodies to the children.
2. Purchase pre-wrapped candy or goodies to hand out, alert Carrie you will be participating. You will hold on to your candy until the event.
3. Donate \$5 or a bag of pre-wrapped candy to the event by 10/20. Items will be purchased for you to hand out!

Children of all ages are invited to join us for the Halloween Fest, but must register by 10/25.

During our event there will be entertainment, refreshments, and games and more!

Resident/ Staff Halloween Party

Oct. 31st at 2pm

Join us for games, refreshments and fun!

**Prizes for: Funniest, Scariest, &
Best Costume**

Costume supplies will be available in the West Annex Kitchenette starting 10/27.

Mrs. Bush's Country Store News

****Beef Stick Snacks are now available to support the Boy Scouts. \$1.50****

****AVON CALLING! AVON is available for purchase in the store or grab a catalog to place an order.**

****GREETING CARD SALE- All cards .25 each or 5 for \$1.00**

FALL DECORATIONS will be in the store this month!

The store is now the supplier for tissues, soaps, cough drops, etc...The nursing dept will no longer have these items. All items in store may be purchased with cash or it may be placed on your incidental bill.

STORE HOURS: 9am-4pm Monday-Saturday and every other Sunday. We appreciate your kindness when activity programming is going on, as the store may need to close for a brief period.

Our Car Cruise and Community Day held on Sept 16, 2023 was a great success! We had over 55 classic cars, lots of great vendors and beautiful day.

Thank you to everyone that helped make this day fun and successful!

We are excited to announce we raised \$765.00 for the West End Food Pantry!

